

Work, manage, and lead smarter for radically high performance!

Would any of the following help a key manager or leader in your organization (*maybe YOU?*)?

- Comfort and ease in handling challenging co-workers and staff without anxiety, anger, or arrogance
- Ability to assess priorities and allocate time, energy, and attention effectively
- Ramped up clarity, impact, and self-control in communications
- Repeatable, reliable smart work processes to sharply reduce wasted time and energy
- A game plan to confidently handle pressing or messy challenges

Individual Coaching for Managers and Leaders is available on a limited basis. It is most appropriate and has the best results when the individual entering coaching:

- Will benefit from direct, quick-response problem-solving and expert guidance
- Has a gap (in competence or confidence) that has become or threatens to become a block for him/her, others, or the entire organization

APPROACH

Proven blended coaching methodologies ensure that every manager/leader will receive the best approach for their specific needs and goals

On-going support and expert feedback from the coach between sessions provide both accountability and momentum for habit changes

Proprietary *brain-friendly* material field-tested and proven with over 20,000 leaders

Certified in multiple leadership and personality assessments to access as requested and/or appropriate

Experienced working with multitude of competency models

Communicate with HR, direct supervisor, and others as appropriate

SKILL AREAS ADDRESSED:

May include but not limited to:

Communication
Conflict
Managing impressions
Testing assumptions
Shifting fixed to growth mindset
Breaking negativity cycles
Executive/leadership presence
Effective planning

Delegation
Goal-setting
Performance management
Giving feedback
Difficult conversations
Setting boundaries
Self-care
Reading people
Managing up



Work, manage, and lead smarter for radically high performance!

DETAILS:

90-day package:

- Fees arranged and influenced by components desired, interfaces with HR, supervisor, and other factors
- Goals set at start of package and can be revised
- Six (6) total hours of coaching time to be used in 30- and/or 60-minute blocks as client wishes
- Sessions held in-person, via video call or telephone
- Includes phone and email support between scheduled sessions, as well as materials (max time allotment applies)

WHAT OTHERS ARE SAYING:

"Where were you 20 years ago?"

"Seriously . . . there isn't anyone here who couldn't benefit tremendously from working with Erika."

"I schedule my sessions with [you] for Friday so I have them to look forward to all week!"

"You've unblocked what was stopping me in my tracks and now I have options in my career."

. . . from Fortune 500 corporate, public sector, and non-profit clients in industries such as engineering, health care, human services, financial services, technology, manufacturing and higher education.

WHO WE ARE



Dr. Erika Salina and WorkingSmarts show bright leaders and teams how to work, lead, and innovate smarter for radically healthier and higher-performing organizations. Erika is the author of, "The Brain-Friendly Workplace: Five big ideas from neuroscience that address organizational challenges" and the upcoming "ManagementSmarts." She is a popular professional speaker at conferences, management meetings, and retreats nationwide and offers a number of cutting-edge courses – both online and live. Erika holds a BA, MA, PhD, and post-graduate certification in neuroleadership. She is on faculty of the American Management Association, is certified to administer and interpret an array of self-development and organization development assessments and is the Director of the Heal Work Hurts Project